

Product Profile for Louisiana Gumbo Mix 10 oz

Product Code: 209

Unit Size: 4x2x8

Unit Weight: 10.00 oz

Item Shipped Weight: 0.71 lbs.

Case Weight: 8.50

Cases Per Pallet:0

Pallet Weight: 40.00

Pallet Height: 4.75

Description: Make this Creole delight and spice up the party!

Nutrition Facts	
Serving Size 2 Tbsp (35g)	
Servings Per Container About 8	
Amount Per Serving	
Calories 120	
Calories from Fat 10	
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 880mg	37%
Total Carbohydrate 24g	8%
Dietary Fiber 4g	16%
Sugars 2g	
Protein 3g	
Vitamin A 30% • Vitamin C 6%	
Calcium 4% • Iron 10%	

INGREDIENTS:

INGREDIENTS: BLEACHED WHEAT FLOUR, DRIED ONION, CAJUN SEASONING (SPICES, PAPRIKA, SALT, GARLIC POWDER, ONION POWDER, SILICON DIOXIDE), SPICES, DRIED CELERY, SALT, BEEF FLAVOR (SALT, SUGAR, HYDROLYZED CORN AND SOY PROTEIN, CORN STARCH, BEEF FAT, CARAMEL COLOR, EXTRACTIVE OF ONION, NATURAL FLAVORING).

Contains Soy, Wheat.

MANUFACTURED IN A FACILITY THAT PROCESSES WITH PEANUTS, TREE NUTS, EGGS, MILK, SOY AND WHEAT.